

Counselors in Training Program

The Alphapointe Counselor in Training or CIT is a program that takes place during Alphapointe Adventure camp for children ages 15 and up. This unique program is designed to enhance interpersonal and communication skills while fostering independence and self-advocacy all while having fun! Becoming a CIT allows teens to become full-fledged counselors, responsible for leading a variety of camp activities, assisting other campers, and monitoring behavior the next time they attend Adventure Camp. The CIT will learn and demonstrate the following aspects of leadership:

- ⦿ Assisting and leading fellow campers in activities
 - ⦿ Communicating and listening
 - ⦿ Decision making
 - ⦿ Problem solving
 - ⦿ Group cohesion
 - ⦿ Self-Advocacy

The Counselors in Training Program will take place during the five days of Adventure camp. They will be matched with a mentor who has successfully completed CIT the following year. Together the CIT's will work to come up with an activity and/or program to teach the rest of the campers the final day of Adventure camp. In addition to that the Counselors in Training will have the opportunity to stay overnight at Heartland Camp for one night. Campers will enjoy a cookout, campfire stories, and a late night swim. Successful participants of Alphapointe's Counselor in Training Program will come away with valuable leadership skills that will help achieve their full potential!

